

SKI-O – TOUR

STAGE 1
28th February – 1st March 2015
TURRACHER HÖHE
AUSTRIA



BULLETIN 3

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The Austrian Orienteering Federation in partnership with the Orienteering Clubs *Orientierungslaufclub Graz*, *Naturfreunde Steiermark* and *Sportunion Klagenfurt* welcomes you to the first stage of the SKIO-Tour 2015.

The Competitions are organized under the patronage of

The Governor of Styria Mag. Franz Voves

The Governor of Carinthia Dr. Peter Kaiser

The Vice Governor of Styria Mr. Herman Schützenhöfer

1. Organizer

Austrian Orienteering Federation with local Clubs:

Orientierungslaufclub Graz

Naturfreunde Steiermark

Sportunion Klagenfurt

Event Director: Gerfried Hoch

Website: www.skiotour2015.com

2. Event Control

IOF Event Adviser: Wolf Eberle

3. Maps, scale

Sprint 1:7.500, 5 m, DIN A4

Mixed-Sprint-Relay 1:5.000, 5 m, DIN A5

Extended Middle Distance 1:10.000, 5 m, DIN A4

Maps of individual competitions are waterproof (Pretex), for Mixed-Sprint-Relay the maps are laminated.

(All Ski-O-Tour starters get new maps with their courses in the Event Center after the competition)

4. Venue, overview map

The competition center Pizzeria Rüscherl is located in the ski area „Turracher Höhe“ on the mountain pass between the Austrian provinces Styria and Carinthia.

GPS position: 46°55'06“ N, 13°52'23“ E



5. Timetable

Saturday	28 th February	10:00	Sprint, WRE
Saturday	28 th February	13:30	Mixed-Sprint-Relay (Mass-start for all categories)
Saturday	28 th February	18:00	Reception and Dinner Invitation for Ski-O-Tour starters
Saturday	28 th February	19:00	Opening & Award Ceremony
Saturday	28 th February	19.30	Speech of Anssi Juutilainen, 5x Ski-O-Worldchampion about Ski-O – skill and technic training
Sunday	01 st March	09:00	Extended Middle Distance, WRE
Sunday	01 st March	13:30	Award Ceremony & Closure

6. Event Center, opening hours

Pizzeria Rüscherl (details see above)

Saturday: 08:00 – 16:00

Sunday: 08:00 – 14:00

Common rooms, toilets and a restaurant will be available in the Event Center.

Warm tea and cookies will be served in the finish-area at all competitions.

7. Terrain Type

Typical Austrian Alpine Ski Area, 1.750 – 1.900m, with forests and some open fields; significant skiing traffic will require consideration of the international FIS rules for Alpine Skiing. All individual competitions take mainly place on broad standard skating tracks (~80%) with some additional ski-doo tracks (~20%), the Mixed-Sprint-Relay will take place on the frozen surface of the Turracher-lake with a dense network of ski-tracks.

8. Electronic punching system - delivery, fee in case of loss, demo controls

Contact-less SPORTident Air+ will be used as touchfree electronic punching system (distance 30-60cm). Competitors get a SIAC (SPORTident Active Card) from the organizer (no additional costs) in the Event Center together with the number bibs. If a SIAC is lost, the competitor will be charged € 100.- as a replacement cost. There will be demo controls to test the SIAC at the warm-up loops.

9. Readout of the SIAC

Readout of the SIAC has to be done in the Event Center.

For the Mixed-Sprint-Relay each runner uses a separate SIAC. It has to be read out in the vicinity of the handover zone after each loop and afterwards cleared & checked before the start of the next loop.

10. Warm up loops

Warm-up loops will be established in the vicinity of each start-area and will be marked in the terrain.

11. Number bibs

The number bibs must be kept for the whole Ski-O-Tour. The bibs shall be fixed on the left leg.

12. Safety instructions and remarks, “black roads”, vehicle traffic

The competitions will be carried out in an intensive used winter sports area with many alpine-skiers as well as hiking-, cross-country-skiing- and snow-shoe tourists. Competitors will cross several ski slopes, where in some places special fences help to reduce the speed of the skiers. **However each competitor is responsible for her / his own safety and is requested to pass those areas with due care!** Please take especially care of the international FIS rules for Alpine Skiing – if you cross a ski slope, you have to give way to alpine skiers.

On Sunday most of the categories use so-called “black roads” (i.e. public roads covered with snow, but not especially prepared like skating tracks). On these roads competitors must be aware of (very little, but possible) vehicle traffic!

13. Compulsory routes (map)

In both individual competitions there is a compulsory route near the finish area to cross the runout of a skiing slope and a subsequent parking site (see map below). Competitors are requested to follow the advice of the organizers in this area!



14. Start lists

Start lists will be available from Thursday, February 26th on the competition website www.skiotour2015.com and in the Event Center on competition days.

15. Transportation of material

There will be the possibility for transportation of material to / from the Start of the sprint competition on Saturday. Further details will be available in the Event Center.



16. Location of starts

Saturday 28th February, 10:00, Sprint, WRE:

Start for all categories (except W/M 14) is located on Sonnenalm, distance from Event Center / Finish Area is 1200m with 90m ascent (see map above).

Saturday 28th February, 13:30, Mixed-Sprint-Relay:

Start for all categories is located in the vicinity of the Event Center on the lake (see map above).

Sunday 01st March, 09:00, Extended Middle Distance, WRE:

Start for all categories (except W/M 14) is located in the vicinity of the Event Center on the lake (see map above).

17. W/M 14, different starts on Saturday and Sunday (individual competitions)

The categories W/M 14 will have a different start than all other categories on Saturday as well as on Sunday:

On Saturday (Sprint) the start for W/M 14 will be located in the vicinity of the warm-up area on the lake.

On Sunday (Extended Middle Distance) the start for W/M 14 will be located in the same area as the start for all other classes on Saturday (Sonnenalm). An extra transport for the kids including their equipment will be organized. Further details like assembling, timetable etc. will be available in the Event Center.

Participants of the categories W/M 14 start in the individual competitions by punching a start-control. Hence they can freely choose their starting-time.

18. Mixed-Sprint-Relay, special rules

A special Austrian format will be used for the Mixed-Sprint-Relay: Each team gets only one map (laminated) showing all controls and a list of consecutive controls for each single leg. The controls have to be passed in the defined order. Female participants have to start and run the first leg.

Handover is organized by turning over the map to the other runner.

After each leg the SIAC has to be read out and afterwards cleared and checked, so that the runner starts the next leg with an empty card.

Teams of runners of different clubs are allowed in all categories.

19. Course details

Sprint, 28th February 2015				Extended Middle Distance, 01st March 2015			
Class	length / km	ascent (m)	controls	Class	length / km	ascent (m)	controls
M14	1,8	0	8	M14	3	40	13
M17	3,2	35	13	M17	7,3	250	19
M20	4,2	45	18	M20	10,1	320	21
M21	4,2	45	18	M21	13,4	430	30
M40	3,3	40	15	M40	9	250	20
M50	3,2	35	13	M50	6,7	25	18
M60	2,8	35	12	M60	5,7	200	15
W14	1,8	0	8	W14	3	40	13
W17	2,8	35	12	W17	5,7	200	15
W20	3,3	40	15	W20	7,3	250	19
W21	3,3	40	15	W21	9	250	20
W40	3,2	35	13	W40	6,7	25	18
W50	2,8	35	12	W50	5,7	200	15
W60	2,8	35	12	W60	5,7	200	15
Open	3,2	35	13	Open	4,1	80	9

Mixed-Sprint-Relay, 28 th February 2015			
Class	Leg	runner	length / km
Elite	1,3,5	female	1,9-2,0
	2,4,6	male	2,1-2,2
Youth	1,3	female	1,6-1,8
	2,4	male	1,9-2,0
Masters	1,3	female	1,6-1,8
	2,4	male	1,9-2,0
Open	1,3	female/male	1,9-2,0
	2,4	female/male	2,1-2,2

As the Mixed-Sprint-Relay takes place just on the frozen surface of the Turracher-lake there will be no climbing (0m ascent for all categories). The number of controls will be between 7 and 9 per leg (depending on category and leg).